A Family Walk is designed for fun, fitness, and family. It is a walk along a pre-marked route. It is non-competitive and not timed. You may walk for free. All are welcome.

Procedures: Walk, jog, or run at your own pace.

<u>Disclaimer</u>: Participants do so at their own risk. The sponsor will make every reasonable effort to make the events safe and enjoyable for all. However, the sponsors and organizers cannot be held responsible for any lost or stolen articles, accidents, or injury of any kind at any time.

Start Location: Fallbrook Library

124 South Mission Road Fallbrook, CA 92007

Ask a person behind the main desk for the "Walking Box."

The Fallbrook Library is currently open in its temporary location at 113 South Main Avenue. Hours will be expanded at the temporary site as follows:

Monday, Wednesday, 9:30 a.m. - 6 p.m.; Tuesday, Thursday, 9:30 a.m. - 8 p.m.; Friday, Saturday, 9:30 a.m. - 6 p.m.; and Sunday, 12 noon - 5 p.m.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
9:30-6	9:30-8	9:30-6	9:30-8	9:30-5	9:30-5	1-5

Trail Description:

Both the 10K (6 mile) and 5K (3 mile) walk are rated a 1 out of 5. The are on city streets and on the dirt "Pico Promenade". Strollers, wagons and wheelchairs ok.

Pets are OK on a leash with cleanup.

The walk is available daily.

We request that you walk from dawn to dusk only.

Information on other walks sponsored by the San Diego County Rockhoppers can be found at the club's web site:

www.sandiegorockhoppers.com

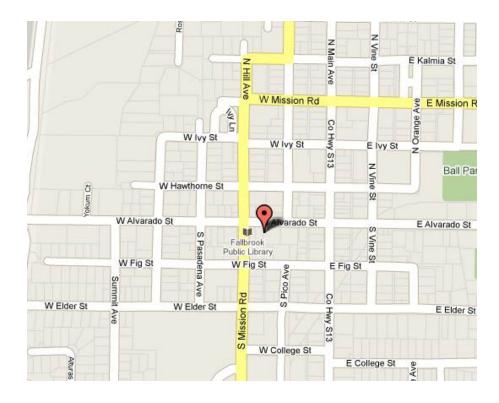
<u>Miscellaneous</u>: Water and rest rooms are available at various establishments along the walk.

<u>Special thanks</u> to the administrative staff of the **Fallbrook Library** for their cooperation in making this year-round walk possible.



<u>Directions</u>: From I-15

From the north or south, exit at Mission Road Fallbrook and head west 5 miles into downtown Fallbrook. Turn left at South Mission Road. The library is 3 blocks down on the left at Alvarado Street. Parking is available in the library parking lot.



The new Fallbrook Library building is under construction at 124 South Mission Road. Until construction is completed, the library is being housed in a temporary location behind the new library, at 113 South Main Avenue.

Year-Round Family Walk Fallbrook Library Fallbrook, CA 10K (6 miles) & 5K (3 miles)



Sponsored by the
San Diego County Library
Association
and the
San Diego County Rockhoppers
Walking Club